

TY OF VIRGINIA
ALUMNIEWS



The Asthma and Allergic
Diseases Center

is pleased to present the

64th Annual

Swineford Allergy

CONFERENCE

April 17-18, 2026

Pinn Hall Conference Center



*Celebrating 100 years
since Dr. Swineford
graduated from
UVA Medical School*



Provided by the University of Virginia School of Medicine and School of Nursing

Program Overview

The field of Allergy and Immunology continues to develop and change both clinically and scientifically. The Swineford Allergy Conference is dedicated to educating physicians involved in treating patients with disorders of allergic, pulmonary, or immunologic origin.

Targeted Audience Specialties – Allergy

- Physicians
- Lab Techs in Allergy and Immunology
- Researchers in Allergy and Immunology

INVITED SPEAKERS

Katherine Cahill, MD

Section Chief, Allergy

Associate Professor, Medical Director of Clinical Asthma Research
Medical Director of Clinical Asthma Research
Division of Allergy, Pulmonary, and Critical Care Medicine
Vanderbilt University Medical Center

Jonathan Corren, MD, and Associates

David Geffen School of Medicine at UCLA
Los Angeles, California

Kirsi Järvinen-Seppo, MD, PhD

Professor of Pediatrics, Medicine, Microbiology and Immunology
Chief, Pediatric Allergy and Immunology
Founders' Distinguished Professor of Pediatric Allergy
Director, Center for Food Allergy, FARE Clinical Network Center of Excellence
Co-Director, Stimulating Access to Research in Residency (R38) Program
University of Rochester Medical Center | Golisano Children's Hospital

Edwin H. Kim, MD

Associate Professor of Pediatrics; Chief, UNC Pediatric Allergy and Immunology;
Director, UNC Food Allergy Initiative
University of North Carolina School of Medicine

Gideon Lack, MD

King's College
London, United Kingdom

Hendrik Nolte, MD, PhD

Senior VP, Research and Development
ALM Canada

Ellen Younger Stromdahl, MS, BCE

Defense Health Agency, Tick-borne Disease Laboratory, retired

Desired Outcomes

The field of Allergy and Immunology continues to develop and change both clinically and scientifically. The Swineford Allergy Conference is dedicated to educating physicians involved in treating patients with disorders of allergic, pulmonary, or immunologic origin.

At the completion of the 64th Swineford Allergy conference, the participant should be able to understand and appreciate:

- Describe the mechanisms underlying efficacy of sublingual food and aeroallergen immunotherapy preparations.
- Explain the impact of GLP-1 receptor agonists and other diabetes/weight loss medications on lung function in chronic lung disease.
- Discuss the balance of early peanut cutaneous sensitization and tolerance induction on priming the immune system for allergy or tolerance.
- Recognize the increasing prevalence of tick-borne diseases and allergic sensitization in Central Virginia and beyond.
- Examine the role of human milk components, including antibodies, oligosaccharides, and microbiome, in the development of food allergy.
- Evaluate the role of allergen IgE epitope mapping in the development of hypoallergens for tolerance induction.

UVA SPEAKERS AND PLANNING COMMITTEE (*)

CO-COURSE DIRECTORS:

Michael Nelson, MD, PhD*

Division Chief, Asthma, Allergy and Clinical Immunology
UVA Health, Division of Allergy, Asthma and Immunology

Thomas A Platts-Mills, MD*

Professor of Medicine
UVA Health, Division of Allergy, Asthma and Immunology

Rebecca Jewell*

Senior Administrative Assistant, Division of Asthma, Allergy and Clinical Immunology

Amy Harris, MBA*

CE Program Manager

Timothy Kyin, MD*

Peer Reviewer
Associate Professor of Medicine
UVA Health, Division of Allergy, Asthma and Immunology

Emily McGowan, MD, PhD*

Associate Professor of Internal Medicine and Pediatrics
UVA Health, Division of Allergy, Asthma and Immunology

Monte Parsons, BS*

Project Manager
UVA Health, Division of Allergy, Asthma and Immunology

Maria Amelia Perozo, MD

Allergy and Immunology Fellow – PGY 5
UVA Health, Division of Allergy, Asthma and Immunology

Nathan Richards, MD

Allergy and Immunology Fellow – PGY 5
UVA Health, Division of Allergy, Asthma and Immunology

Scott Smith, MD, PhD

Associate Professor
UVA Health, Division of Gastroenterology

Jeffrey Sturek, MD, PhD

Associate Professor of Medicine
UVA Health, Division of Pulmonary and Critical Care Medicine

Kara Watts, RD*

CE Program Manager

Jeffrey Wilson, MD*

Associate Professor of Medicine
UVA Health, Division of Allergy, Asthma and Immunology

PROGRAM AGENDA

FRIDAY, APRIL 17, 2026

8:00 – 8:45 am Registration and Time with Exhibitors

SESSION ONE

Moderator: Judith Woodfolk, MBChB, PhD

8:45 - 8:55 am

Welcome and A/I Division Update – **Michael R. Nelson, MD, PhD**

8:55 – 9:10 am

100 years since Oscar graduated from Med School – **Thomas A.E. Platts-Mills, FRS**

9:10 – 9:55 am

Sublingual Immunotherapy – **Edwin Kim, MD**

9:55 – 10:15 am

Aeroallergen exposure as an instigator in rhinovirus in children – **Maria Amelia Perozo, MD**

10:15 -10:40 am

Break with Exhibitors

SESSION TWO

Moderator: Thomas Platts-Mills, FRS

10:40 – 11:25 am

Role of antibodies to cow's milk and egg in infancy – **Kirsi M. Jarvinen-Seppo, MD, PhD**

11:25 – 12:15 pm

Food Allergy: The Dual Exposure Hypothesis – **Gideon Lack, MD**

12:15 – 1:45pm

Lunch and Time with Exhibitors

SESSION THREE

Moderator: Michael R. Nelson, MD, PhD

1:45 – 2:30 pm

Design of Rapid Release Tablets for use in OIT/SLIT – **Hendrik Nolte, MD, PhD**

2:30 – 2:50 pm

Basophil Activation – **Nathan Richards, MD**

2:50 – 3:10 pm

Tea Break with Exhibitors

SESSION FOUR

Moderator: Emily McGowan, MD

3:10 – 3:55pm

Asthma Pathophysiology – **Jeffrey Sturek, MD, PhD**

3:55 – 4:40 pm

Asthma: Can weight loss drugs help us too? – **Katherine Cahill, MD**

4:40 – 5:30 pm

General discussion and Time with Exhibitors

7:00 – 10:00 pm

Cocktail Reception and Dinner, Omni Hotel (Charlottesville Hotel)

SATURDAY, APRIL 18, 2026

8:00 - 8:30 am Registration

SESSION ONE

Moderator: Jeff Wilson, MD, PhD

8:30 – 9:15 am

Alpha-gal sensitization and heart disease: What is the evidence? - Jeffrey Wilson, MD, PhD

9:15 – 10:00 am

Extracellular vesicle isolation from milk and potential role in EoE pathogenesis –**Scott Smith, MD**

10:00 – 10:30 am

Break with Exhibitors

10:30 – 11:15 am

Lone Star Rising, 2026 –**Ellen Stromdahl, PhD**

11:15 – 12:00 pm

Clinical Use of IgE & IgG4 to Components – **Thomas A. E. Platts-Mills, MD**

12:00 – 12:30 pm Closing Remarks



REGISTRATION

Registration and payment are available at www.cmevillage.com (Click on Live Courses). No walk-in registration accepted. The course syllabus will be available online only the week of the conference until 30 days after the conference.

REGISTRATION FEES THRU APRIL 3, 2026

UVA Faculty/Staff (in person)	\$225.00
Other Health Care Providers (in person)	\$350.00
Residents/Fellows (in person)	\$100.00

[REGISTER](#)

****AASV members:** Contact Jelisa Tunstall (jtunstall@richmondallergy.com) to verify AASV membership and receive discount code PRIOR to registration. Code valid thru 4/3/26.

UVA Employees: Use your educational benefits to get reimbursed!
<https://hr.virginia.edu/career-development/education-benefits>

UVA Health CE Cancellation Policy: Cancellation requests received in writing no less than 30 days before the course will be refunded, less a 20% administrative fee. No refunds will be provided for cancellation requests received within 30 days or for registration fees of less than \$50. Please send cancellation requests uvace@uvahealth.org. UVA Health Continuing Education reserves the right to cancel CE activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CE activity are the sole responsibility of the participant.

Accessibility Statement: UVACE is committed to ensuring equal access to educational opportunities for individuals with disabilities, in compliance with the Americans with Disabilities Act of 1990 (ADA), as amended, and Section 504 of the Rehabilitation Act of 1973 (Section 504), as well as other applicable state and local laws and University policy. Individuals with disabilities are entitled to reasonable accommodations to ensure their participation in courses. Please note that some of the course venues at UVA are registered historic properties and may not be fully ADA accessible. If you have needs that require special accommodation, including dietary concerns, please email uvace@uvahealth.org. All requests must be received 30 days prior to the course start date.

ACCOMMODATIONS

[BOOK A ROOM](#)

The conference hotel guest room block is at the Residence Inn by Marriott in Charlottesville. Call the hotel at 434-220-0075 or click here to book at the group rate for Swineford Allergy Conference.

Please reference the conference name to receive the special group rate of \$189 +taxes/fees on Thursday, April 16, and \$249+taxes/fees on Friday, April 17.

Make your reservation no later than March 16, 2026, in order to receive the discounted room rate. Any reservations or changes made past the cutoff date cannot be guaranteed, but will be accepted based on availability.

Onsite parking and shuttle to Pinn Hall available.

LOCATION

This course will be held Pinn Hall Conference Center at the University of Virginia Health Sciences Center located on Lane Road just off Jefferson Park Avenue.

PARKING

Conference parking for activities at the UVA Health System is LIMITED to the 14th Street Parking Garage. The Medical Center garages are for patients ONLY. The CME office is unable to reimburse conference attendees for parking. To read more about Parking Information, please go to our website: www.cmevillage.com.

ACCREDITATION AND DESIGNATION STATEMENT



JOINTLY ACCREDITED PROVIDER
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, UVA Health Continuing Education is jointly accredited

by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

PHYSICIANS

UVA Health Continuing Education designates this live activity for a maximum of **7.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

HOURS OF PARTICIPATION

UVA Health Continuing Education awards **7.75 hours of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.



CONTACT INFO

Please contact Amy Harris in the Office of Continuing Education with any questions:

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